External Employment Opportunity

Healing Generations Trauma Therapist

Program: Healing Generations
Position Type: Full-Time Temporary (28 hours per week)
Contract Length: 2 Years

Join the Hulitan Family!

Hulitan Family and Community Services Society is a unique Indigenous non-profit located in the Westshore Community of Southern Vancouver Island. Our mission is to preserve, unify and advocate for Indigenous families by supporting healing and fostering resilience through culturally rooted programs, services, and collaboration with community partners. Hulitan empowers Indigenous families and future generations, walking alongside them and using the cultural principles of Respect, Connectedness, Humility, and Integrity.

Position Description

We are seeking a dedicated therapist to join our family within the Healing Generations Program. This role is ideal for a skilled trauma therapist with experience supporting individuals who have lived through significant trauma, particularly within Indigenous communities.

Grounded in an Indigenous worldview, the therapist will provide culturally respectful, trauma-informed therapeutic interventions to Indigenous adults who are healing from intergenerational trauma. The successful candidate will honour and center Indigenous values, cultural perspectives, and community needs in all aspects of their practice. A deep commitment to relational practice, cultural humility, and community wellness is essential for this position.

Responsibilities

- Maintain timely, professional communication with the Manager of Therapeutic Services and raise concerns as needed.
- Work collaboratively with staff, adults, children/youth, families, and community partners to support shared goals.
- Prioritize tasks effectively, meet deadlines, and manage an organized caseload with accurate, up-to-date documentation.
- Complete intakes, quarterly goal updates, and maintain well-structured case files.
- Develop and implement individualized healing/goal plans with clear, realistic, and measurable outcomes.
- Provide individual counselling for adults using Western therapeutic approaches and Indigenous healing practices.
- Offer education and support around cultural resources and encourage participation in culturally relevant activities.
- Attend required supervision meetings and engage in reflective practice, acknowledging personal history, biases, and power dynamics in therapeutic relationships.
- Receive feedback constructively and participate in evaluations and ongoing supervision.
- Engage in continuous professional development and demonstrate openness to learning and growth.

KNOWLEDGE AND ABILITIES:

The successful candidate will possess experience that will satisfy all or most of the following:

- Experience providing trauma-informed counselling grounded in safety, choice, collaboration, trust, and empowerment.
- Ability to integrate Western therapeutic modalities (e.g, narrative, somatic approaches) with Indigenous healing practices guided by community knowledge.
- Skill in conducting assessments, intakes, and developing culturally aligned healing plans.
- Strong clinical documentation skills aligned with ethical and organizational standards.
- Ability to build respectful, trusting relationships with adults, families, Elders, and community partners.
- Awareness of power, privilege, and positionality within therapeutic relationships.
- Strong judgment, communication skills, and ability to maintain confidentiality.
- Knowledge of Indigenous history, child welfare issues, and the intergenerational impacts of colonization.
- Understanding of relevant provincial legislation affecting children, youth, and families.
- Familiarity with cultural protocols for Indigenous peoples on Vancouver Island.
- Ability to work both independently and as part of a team, with strong time-management skills.

EDUCATION AND EXPERIENCE:

The successful candidate will possess education that will satisfy all or most of the following:

- A Masters Degree in Counselling Psychology, Social Work or related discipline.
- A minimum of 3 years of relevant experience in a counselling position.
- Experience working with Indigenous people.
- A willingness to obtain training in EMDR if not already trained in this modality.

OTHER:

Must have a valid BC class 5 driver's license and own vehicle
Must provide consent for a Criminal Record Check.
Must have First Aid or willingness to obtain

What We Give in Return:

We recognize the importance of family and wellness while doing this challenging work. Staff at Hulitan have opportunity for flexible work hours, 15 vacation days yearly, 12 sick days yearly, and an additional 6 sick days for those with children under the age of 12. In addition, you have access to support from our resident Elder and frequent opportunity for ongoing training. A comprehensive benefits package and matched RRSP contribution are provided for all permanent staff working 21 hours per week or more. Hulitan staff receive reflective supervision at minimum twice per month and frequent team and peer check-ins. We offer a supportive collaborative environment that fosters personal growth, and lasting connections.

Pursuant to Section 41 of the BC Human Rights Code, preference may be given to applicants of Indigenous Ancestry

Please submit your resume and cover letter attention to:
Nick Ruedy, Manager of Therapeutic Services
(by mail/email/ fax or in person) No phone calls please, only those selected for interviews will be contacted
Closing date is March 27th, 2026 4:30 p.m. e-mail: nruedy@hulitan.ca
Starting wage is $38-45 per hour.