

Hulitan Early Years Centre

2125 Sooke Rd.
Colwood, BC

Tues -Thurs – 9 AM to 12 PM

If you have more questions or
want to register please contact
Sarah McDonald

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Journeys of the Heart

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Hulitan Family and Community Services Society respects the connectedness between First Nations people and the land. It is with great humility that we carry out our work with Indigenous families on the traditional territories of the Lkwungen (Xwsepsum and Songhees), Malahat, Scia'new, T'Sou-ke and W̱SÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) peoples. It is our intention to provide support for families with integrity and to practice in a way that honours the ancestors who came before us.

RECONNECTING THE GENERATIONS

"Honoring our Elders & our Children"

Hulitan Early Years Centre
2125 Sooke Road
Colwood, BC V9B 1W4
Tel (250) 590-5048
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<www.hulitan.ca>

Journeys of the Heart



Cultural Learning Program



Hulitan

Family & Community Services Society

**Transportation and Bus Tickets available if needed.

Mission Statement

Hulitan preserves, unifies and advocates for Indigenous families by supporting healing and fostering resilience through culturally rooted programs, services and collaboration with community partners.

Vision

Hulitan empowers Indigenous families and future generations, walking alongside them and using the cultural principles of Respect, Honour, Connectedness, Humility and Integrity.

Acknowledgments:

Hulitan Family & Community Services Society would like to acknowledge the following:

- Jeannette Mercer and Chad Bright for designing our Journeys of the Heart logo in 2007.



We have since made some changes to the design with help from Loni Skelton in 2009.

- Monique Gray-Smith of Little Drum Consulting for presenting us with the concept and name Journeys of the Heart Program.

JOURNEYS OF THE HEART

Culture is present in every aspect of the program

A healthy breakfast and snack will be provided during program time.



*Field Trips
"Connecting to
our Mother Earth"*



*Curriculum
Time!
"Preparing for
success in
school"*

Curriculum books have been designed specifically for the Journeys of the Heart cultural learning program. Each booklet is broken up into age and seasons, honoring traditional practices and local languages.



Seeds of Empathy

Journeys of the Heart has incorporated the Seeds of Empathy

program to foster the development of empathy and emotional literacy. to build social and emotional understanding, and to develop positive attitudes towards early literacy. This is done through connection with a baby, who will attend the classroom. The children will get to watch the baby grow through the school year, learn about the baby's feelings, and needs and learn to express their own feelings through stories and visiting with baby.

JOH uses Moe the Mouse. Moe the Mouse is an early learning speech and language development program that uses Indigenous toys and stories to enhance language development in children ages 3-5 years. This gives children the opportunity to practice language skills while having fun and connecting to culture.



Are you a parent/caregiver/relative of an Indigenous Child aged 3 (turning 3 by Dec 31) to 5?

Would you like them to participate in a program that supports positive cultural identity and lifelong learning?

Would you like them to learn the skills necessary for success in school?

The Journey's of the Heart Program:

- Is a free 10-month cultural learning program for Indigenous children aged 3 to 5 years old and their families
- Nurtures a child's cultural identity while preparing them for the public education system and the skills for success
- Provides children and their caregivers with skills and tools to promote a positive transition into the public education system

*Wing Chief Welcoming Ceremony
"Learning how to be a good leader"*

