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Our Mission, Vision and Cultural Perspective

Our Mission

Hulitan preserves, unifies, and advocates for Indigenous families by supporting healing and fostering resilience through culturally rooted programs and services and collaboration with community partners.

Our Vision

Hulitan empowers Indigenous families and future generations, walking alongside them and using the cultural principles of Respect, Honour, Connectedness, Humility and Integrity.

Own Cultival Perspective

Hulitan is committed to providing culturally relevant and aware programming and services to the Indigenous community. We are aware that the urban communities are comprised of many different Nations; therefore, we respect and value the traditional teachings of all Indigenous people.

Our Values

In July of 2016, with the support and guidance of our ancestors and Alex Nelson (respected Elder and member of Musgamagw – Tsawatainuek tribes), the staff of Hulitan identified the four pillars/values (Respect, Connectedness, Humility and Integrity) that hold up Hulitan's Big House. The pillars/values guide our practice, our operations, our involvement in community and the relationships we develop. Most importantly, they reflect our worldview and the manner in which we show up in the world.

After the development of the pillars/values it was very important for the organization to have a visual representation of our values that reflected the diversity of the people we serve while respecting the local territory and the cultures of the three Island Nations. Hereditary Chief, James Swan, UuKwaQum, artist from the Ahousaht First Nation, was able to bring the values to life in the form of four seven foot tall cedar panels. The images chosen for the panels were a collaboration between Chief James Swan and our Executive Director, Kendra Gage, to honour the values, and the cultures of the three Island Nations and the local territory where Hulitan is situated. The pillars are now permanently situated in our Big House and remind us daily of the values of our organization.





RESPECT

The Bear is the protector, a well respected member of the community. The Bear has great self awareness and symbolizes family and strength. We chose the Bear for what it represents and to demonstrate our commitment to self awareness and the importance of protecting the services we provide and ensuring they meet the needs of the community. Respect and honor for self so I can respect and honour others.

HUMILITY

We chose the Thunderbird and serpent, both mythical creatures, to remind us of our relationship to the spirit world. It reminds us to honour our ancestors and ensure we leave a healthy world for those that come after us. We walk lightly and choose our words carefully, we acknowledge life lessons when they present and we are humble.





INTEGRITY

The Heron is inquisitive, determined, has excellent judgement, and understands the importance of going with the flow and will not struggle against nature. The Heron is significant to the local peoples and her presence is felt and seen all over the traditional territories of the **Esquimalt and Songhees** Nations. We chose the Heron because she represents grace, purity, and patience, all qualities you need to have integrity. We walk our talk and our space reflects our values.

CONNECTEDNESS

The image of the Orca and Wolf was chosen to represent the unity of all three Island Nations, as each Nation has a creation story about the Wolf and the Orca. Secondly, the Wolf and Orca represent family, family values and unity in numbers. The image reminds us of our connection to all things. Our space, our relationships and our guiding values celebrate our connection with the Creator, our community, our partners and each other.



Working together towards Truth and Reconciliation means truly embodying the importance of listening to the stories of those impacted by colonial violence. These stories have been passed down and repeated through generations without being properly heard and that is what has kept the status quo in Canada for so long. We have an opportunity to truly listen and to use the knowledge we gain from those stories to actively challenge the ongoing damage caused by colonization. Truth and Reconciliation is something



that each one of us needs to live through our daily actions and inactions. It extends beyond specific dates, such as September 30 which is recognized as National Truth and Reconciliation Day and involves the courage to acknowledge and reflect on the privilege that non-Indigenous people carry without turning away from the guilt and shame that may accompany it. Sitting in the discomfort is an important part of this work.

Truth and Reconciliation is a necessary and long overdue journey that Indigenous and non-Indigenous people must walk together. The Truth and Reconciliation Commission began in 2008, but with the May 2021 findings of 215 unmarked graves of children who died at the Kamloops Indian Residential School and the thousands more that were found across Canada after that, it has finally gained more attention and reached the hearts of many individuals in ways that it previously had not. These findings pushed Truth and Reconciliation up on the national agenda and seem to have sparked more allyship from non-Indigenous people as the true history of Canada unfolds more and more.

It is with immense sadness, but also with gratitude, that we honour the lives of the children who experienced such atrocities by holding Truth and Reconciliation



Initiatives close to our hearts, as individuals and as an organization. There is still a long way to go and Hulitan is committed to honouring the healing journeys of families and communities by actively participating in, upholding, and advocating for others to uphold the calls to action within Truth and Reconciliation.

Territory acknowledgements of the land we occupy and awareness of where we come from are necessary in order to demonstrate gratitude and respect to the ancestors who came before us and to pave the way for those who come after us. Take the time to learn about where you live and where you are from and lead territory acknowledgements with your heart. They are not meant to simply be an empty preamble to the rest of what you have to share.



Other ways to contribute to the ongoing healing and resurgence of Indigenous peoples' ways of living and being are to consider charitable donations that support culturally rooted programming designed to walk alongside Indigenous people as they do their healing work. Additionally, it is up to each of us individually to take initiative in learning about Canada's history of colonization and to seek opportunities to hear the stories of those impacted, as well as to access reliable sources of research to build our knowledge. It is not the responsibility of Indigenous people to educate non-Indigenous people when their energy is more suitably spent on their own, their family's, and their

community's healing.



Hulitan upholds the commitment to support Indigenous children, youth, and families in their healing journeys by offering culturally-rooted and adaptive programming to nurture a sense of belonging, safety, and courage to do the hard work of decolonizing and healing. Staff are supported to engage in reflective practice and to grow in their skills as practitioners in order to provide the best service possible to the communities we serve. In addition to the day-to-day work we do, Hulitan also contributes time, energy, and money to Truth and Reconciliation

events such as National Indigenous People's Day, Red Dress Day, National Truth and Reconciliation Day, Bear Witness Day, Elderberry Day, and collaborating with other Indigenous agencies and non-Indigenous allies to wrap supports around the individuals, families, and communities we serve.







"EVERY CHILD MATTERS" Clothing and Swag Collection

Hulitan's year-round line of SWAG was created to support equal access to Mental Health Services for those Indigenous people who do not otherwise qualify for support (non-status, Metis). All profits from the sale of the collection will be held in an account that will support adults in need of counselling/cultural healing that do not qualify for programs established by the government. Maxwxeadziy-Geo Shaughnessy created and gifted this logo to us. "The design is of an Eagle that has transformed over time after the residential schools were closed and we have started the process of reclaiming our lives, language

and culture. I created this design for my mother Freda Shaughnessy (nee Coon) who was taken from her home and placed in St. Michael's residential school in Alert Bay BC. She walked the halls at residential school past her three brothers and one sister and didn't know they were her siblings. St Michael's residential in Alert Bay was run by the Anglican Church and the purpose of the school was to

assimilate, destroy and take over the resources

from First Nations in Canada."

Maxwxeadziy-Geo Shaughnessy

Hulitan is truly
honoured to receive
this gift and pay it
forward. You can
purchase the
collection or donate
at www.hulitanswag.myshopify.com
or visit our website at
www.hulitan.ca







Circles for Reconciliation

Hulitan has been participating in bringing Circles for Reconciliation to Coast Salish Lands; a grass roots project out of Treaty 1 Territory in Winnipeg. The aim of Circles for Reconciliation is to establish trusting, meaningful relationships between Indigenous and non-Indigenous peoples as part of the 94 Calls to Action from the Truth and Reconciliation Commission.

The means to achieve this is the creation of small gatherings of an equal number of Indigenous and non-Indigenous people in discussion circles. Each group of ten participants, led by two trained facilitators, meets weekly or biweekly for ten gatherings 75 minutes in length.

It is Circles for Reconciliation's hope that by creating space to create respectful meaningful relationships between Indigenous and non-Indigenous people that acknowledges our past and provides accurate accounts of the history of the creation of Canada. Circles for Reconciliation offers opportunities for discussing, while keeping safety and support in mind, ways how past atrocities persist within Canadian systems and institutions today and how ways we can all work towards equality, equity, and elimination of discrimination of Indigenous Peoples and societies across Canada.

Hulitan hosted a Circles for Reconciliations contract with the City of Victoria where we were able to hire our Indigenous Engagement Coordinator, Suzanne Jackson, in January of 2022. All the Nations, local Indigenous organizations were contacted, as well as health stations, local community gathering space, surrounding colleges and the University of Victoria to spread the word that Circles for Reconciliation are able to host circles in our communities.

The first circle of 2022 began August 10, 2022, at Hulitan and will run for 10 consecutive weeks. Recruitment is almost complete to begin a 2nd Circle beginning early Fall 2022.

Circles for Reconciliation is committed to the wellbeing, and safety of our participants. Emotions and trauma are triggered when talking about Canada's difficult history. We provide information to increase one's self-awareness of what their needs are, stress reduction and calming techniques as well as information on mental health supports available in the community for all our participants. The Facilitators provide follow up to all the participants after each theme to see how it went, to hear any complaints and/or recommendations for improvement or to just "check in" to see that everyone is doing well.

Creating an environment of safety and mutual respect through open and honest conversations is our mandate. Circles for Reconciliation is a way for all Canadians to come together and share our histories and work towards building a Canada that can nurture, educate and connect our families and the generations to come.

For more information and or to register as a participant or volunteer you can visit: www.circlesforreconciliation.ca. Or by email to Suzanne Jackson at cfrvictoriabc@gmail.com



Our Board of Directors

Cheryl Aro President

Carl Mashon
Secretary/Treasurer

Jenna Bailey Vice President

Nicole Hajash Director

Dawn Thomas Director Kolette Cristante Director

Janet Hanuse Director Melissa Nute Director

Message from Our Board President

Tansi Members, Staff, Community Members and Elders,

I would like to acknowledge the Lkwungen (Songhees & Esquimalt) Malahat, Scia'new, T'Sou-ke and WSÁNEC peoples' for allowing us all to be guests on their beautiful territories. I am deeply grateful to the traditional keepers of these lands for the opportunity to work, raise my family and play as a visitor here. There has been many opportunities for Hulitan to shine through this last year, and I raise my hands to the staff for continuing their tremendous work alongside our children and families.

Hulitan has seen much growth over the last few years. The organization has been navigating the COVID-19 pandemic while ensuring at every turn that our families are taken care of. I am in awe of the creativity and perseverance we witness at the Board table around the work and programming that allows for flexibility and gentleness while our families navigate extreme stress, trauma and the complexity of the child welfare system. The Board continues to meet quarterly, and in addition, the Executive is hoping to begin an adjusted schedule to better support the Executive Director. We have excitedly begun some in-person meetings and look forward to that connection as the year unfolds. I hold gratitude to our Board members for showing dedication and drive to better their community and take the time to support Hulitan. We look forward to a wonderful year!



Marsi, Jenna Bailey

Treasurer's Report

Treasurers Report 2021-2022 by Carl Mashon

Each year at this time I reflect on what a gift it is to be part of the Hulitan family, and my hands go up with such gratitude for all the dedicated people who serve and sacrifice for our community. I am an un-invited Cree guest / visitor on the traditional lands of the Lekwungen speaking peoples, the Songhees and Esquimalt First Nations, where I have always felt safe and supported. For over 2 decades I have been welcomed into the urban Indigenous community here and I owe so much for the unconditional acceptance and teachings of so many others who call Victoria home.

Again, it is my pleasure to report that Hulitan continues grow and has come through the 2 plus years adjusting to COVID considerations and uncertainty in stable financial condition. I experience Hulitan as the gold standard for accountability and transparency and it continues to hold the trust of funders and the broader urban Indigenous community. New challenges are always emerging, and since year end in March I commend the management for taking a pro-active approach to supporting staff financially who are all feeling the effects of inflationary pressures on family budgets.

This is a summary of this past year's revenues:

Total Revenues: \$ 2,117,551

MCFD: \$1,725,466

MCFD Deferred Revenue: \$ 63,374 (Economic stability & training)
Ending Violence: \$ 198,115

ICSF Urban Fund: \$ 102,261

Others: 28,335



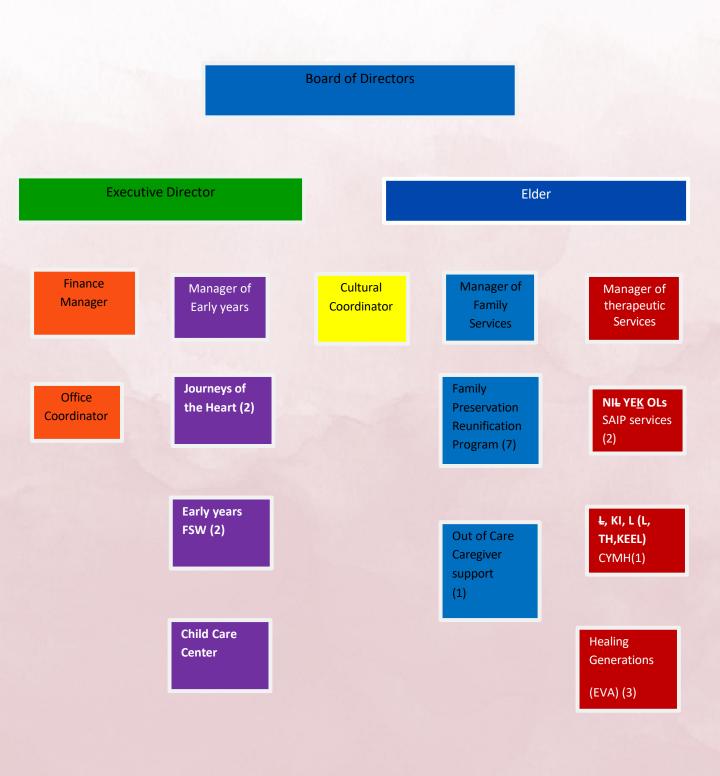
There was a decrease in overall revenues this year as COVID relief funding was only \$102,000 but new funds (\$198,115) were granted from the Ending Violence Association of BC.

We want to thank KPG for the audit work they did in reporting on our financial health and recommendations. We appreciate the good working relationship our financial team has with the local KPMG staff here in Victoria and we once again appreciate their clarity and follow through in the process.

Each year I observe the good work the management team does for the organization and this year has required unique and innovative approaches to navigating out of a pandemic that has had enormous effects on the staff and our community. Management, staff and volunteers remain true heroes in their dedication to service and we continue to owe them all a deep and lasting gratitude.

lack (Masher

Hulitan Organization Chart



Words from Our Executive Director

I would like to begin by acknowledging the Lkwungen (Esquimalt and Songhees), Malahat, Scia'new, T'Sou-ke and WSÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) peoples whose territories I live, work, and play on. I am truly grateful for their stewardship, care and connection to their lands and commit to walking softly in their territories with respect. It is with great humility and respect that I offer my time and energy to Hulitan Family and Community Services Society, as well as the families and communities we serve.



The year 2021/2022 provided opportunity for innovation, reflection, and opportunity to improve service delivery. One of the ways Hulitan was able to improve on service delivery was through training, provided by McMann Child and Family Services Calgary, on the wrap around process with a focus on reflective practice and reflective supervision. In addition, Hulitan received a two-year grant, from Ending Violence Association, to provide counselling services to survivors of sexualized violence, the grant has allowed Hulitan to hire one full time and two part time therapists. Hulitan has entered a very exciting partnership with school district #62 and M'akola Development Services to build and operate a 75-spot trauma informed childcare and early years facility on Sooke road.

Finally, I would like to acknowledge the Hulitan family, the incredible staff that are committed to their own healing and providing services with humility, integrity and unwavering commitment as well as the dynamic and committed Board of Directors. Lastly, I would like raise my hands to the community members that access Hulitan's services, thank you so much for trusting us and sharing your journey with us, you teach me each day about resilience, generosity, and perseverance. For that I am truly grateful. I am looking forward to a new year that I am sure will come with many more teachings, revelations, and growth.

All my relations,

Kendra Gage

Words of Wisdom



It has been a beautiful year working here at Hulitan with the staff and the families. I enjoy coming in in the mornings and sitting with the people having coffee, sharing stories, just listening, laughing, or sharing the lessons I've learned in my 82 years. I look forward to coming to this place where I feel included and am asked to participate in all the programs offered here, weather its to offer a prayer, or brushing off, or to sit and listen offer comfort or support to the families and staff I am here to help. The people that come to our AA meetings Wednesday nights in our long house have said they feel welcomed, grounded and a real sense of community here. I have been doing this kind of work for many years now and will continue to off my support and help on peoples healing journeys.

Mickey Cook-Elder

It has been an honor working in this role, connecting, and supporting such amazing elders within the community getting to hear their stories and teaching has been an experience that I will cherish forever. This year we have had the pleasure of offering our elders and community members care packages of traditional foods such as deer, elk, salmon, and grease. We have had the opportunity to take staff and community members out for wellness days where we took time to connect with nature, learn about the plants, some of the creation stories from elders, and knowledge keepers. We look forward to continuing to build our cultural connections as staff and community members and to continue to honor our elders and knowledge keepers as we learn and grow from the teachings they share.

Monica Charlie – Cultural Connections Coordinator

In February of 2022 Hulitan completed our fifth CARF Accreditation Survey. CARF is an accreditation organization whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of persons served. During a CARF survey, the surveyors interview community members, board members, staff, and managers about their experiences with Hulitan. Files are reviewed and our policies, procedures and practice is evaluated to ensure that we meet the standards of best practice in how we serve community. Hulitan is reviewed for meeting 1752 standards. Below is the decision and areas of strength highlighted by the surveyors.

Accreditation decision

On balance, Hulitan Family and Community Services Society (HFCSS) demonstrated substantial conformance to the standards. HFCSS is a dynamic, intuitive, and strength-based organization that provides unique services to Indigenous children and families in Langford, British Columbia. There is a strong cultural emphasis placed on the services provided by the organization. It preserves, unifies, and advocates for indigenous families by supporting, healing, and fostering resilience through culturally rooted programs and services as well as through its collaboration with community partners. The organization's board of directors, leadership, and staff members appear to respect and value traditional teachings of all Indigenous people.



The goal of each program is to strengthen Indigenous parents/caregivers and their families by encouraging positive cultural identity, supporting resilience, and creating a safe space to connect with resources and to establish a sense of belonging. Since it's previous CARF survey HFCSS has moved into a state-of-the-art facility and continues to address challenges associated with the COVID-19 pandemic.

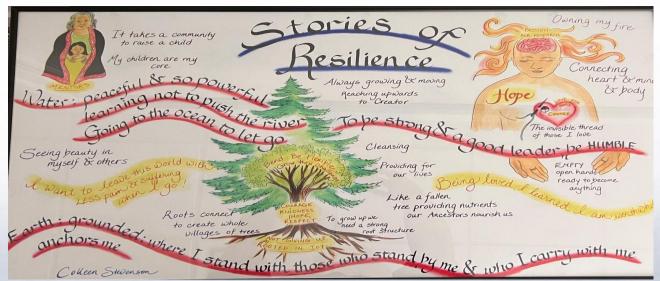
Areas of Strength

- The organization's building offers a beautiful and welcoming safe space. The facility and its rooms are open and decorated with Indigenous artwork. Beautiful cultural artwork and objects are displayed throughout the facility to depict and celebrate the diversity of the participants served. The facility features cedar doors carved by an artist from the local Songhees Nation; a circular roof; and a steam vapor fire pit, which is used for ceremonies. There are also four floor to ceiling pillars each representing the organization's values of humility, integrity, connectedness, and respect. A program participant expressed deep gratitude for the opportunity to conduct a meeting in one of the beautiful rooms, sharing that the environment enabled all members to conduct a meeting in a nonjudgmental manner.
- It is obvious that the staff members are passionate about their jobs and enjoy working with one another. This is, in large part, due to the circular leadership approach implemented by the organization. Each staff member understands the values and teachings of this approach, and this results in staff members feeling valued for their role at the organization. Described by one staff member as "Unicorn" of workplaces, it is apparent that HFCSS is, for each staff member, the right choice for their career.
- Program participants consistently described HFCSS as a place where staff members go "above and beyond" to provide services. The participants understand their goals, and several of them stated they do not know where they would be without the organizations support. The staff members will never turn away any participant.
- The organizations emphasis on belonging extends well beyond the staff and walls of the building. One participant described the organization as a "rock for the city and community". Once a participant has accepted and completed services, they feel they can always come in and ask for help if they ever need it.

- HFCSS quickly and safely continued providing services throughout the lockdown stages of COVID 19 pandemic. These services include online or outdoor counseling/support and the delivery of biweekly food hampers with healthy fresh ingredients and traditional meals. As soon as regulations allowed COVID 19 cases decreased, young participants in counseling programs were able to attend a weeklong camp to go out and enjoy nature. As it navigates through the many phases of the pandemic, the organization has reopened to successfully provide the best service it can.
- the organization's mission and vision permeates within its culture. The clearcut vision and mission serve to guide its direction and are infused in all programs and services. The four pillars HFCSS (respect connectedness, integrity, and humility) guide its practice, operations, community involvement, and relationships.
- The organizations dynamic and dedicated board of directors provides direction, support, and advice to the executive director and organization as needed. The board values the conscientiousness, genuineness, and kindness of executive director and staff members. The board represents the community and its culture, and it is apparent that the board members fulfill their monitoring and governance responsibilities.
- The executive director has a long and distinguished legacy with the organization. She is a visionary, models the heart and spirit of the organization, is strategic, intentional, and is responsive to the needs of program participants. Her wisdom and relationship building style with participants, families, personnel, external stakeholders, and community promotes the betterment of the organization's operations and service. She is recognized for dedicated promotion of the four core pillars of Hulitan Family and Community Services and for her commitment to provide an innovative, well practiced, high quality service delivery system.
- The organizations leadership provides and supports a healthy family- oriented work culture by engaging, supporting, recognizing, and empowering staff members and program participants. The leadership affectively guides the organization's day-to-day operations. It's approach to unity and its efforts to work with and value the staff

- members ensures they all have the emotional support and resources needed to provide services of optimal quality. The leadership members collaboratively consider bed which better ways to meet the needs of community and to actively identify barriers to service.
- The external stakeholders expressed confidence in gratitude for the organizations individualized, strength based, and high-quality services. They describe the organization as a strong, creative partner that quickly adapts to change at fines workable solutions to challenging situations.
- The organizations leadership support staff members in their work life balance. This has led to a stable workforce that highlights the quality of services provided. The oversight and maintenance of human resource practices are solid, and strength based. Personnel files are organized, consistent, and complete, making information easy to follow and accessible. The periodic audits of the personnel files demonstrates a sense of accountability.
- Hulitan promotes a culture of learning and development it is committed to the growth of the staff members and encourages them to pursue opportunities for personal and professional enhancement. It is it also provides an excellent training plan and relevant on-site trainings to personnel, resulting in a loyal and cohesive team whose members are highly knowledgeable of the services offered. The leadership recognizes that the training and development of all staff members are integral to high caliber, culturally grounded services.
- The services are delivered using a team oriented, relationship building approach with flexibility and unity. Regardless of program, service, or required level of support, the organization strives to meet the individual needs of the participants and optimize their success.
- The cultural committee plans and develops ongoing cultural activities for the staff members, program participants, and families. The cultural coordinator incorporates culture into all aspects of the organization through engagement with community members, First Nations, community agencies, elders, language keepers, and knowledge keepers. Hulitan also has a resident elder on staff to enrich the sense of culture for program participants and staff

Building Capacity



Hulitan Family and Community Services Society is dedicated to building capacity within Indigenous families, communities, and our organization. The goal of our programming is to strengthen Indigenous parents/caregivers and their families through healing, positive cultural identity, supporting resiliency, and creating a safe space to connect with resources and establish a sense of belonging.

Our hope is that the families we have the privilege of walking alongside and

supporting through our programs will carry their hard work with us forward to support and strengthen members of their own families and communities. Hulitan is continuously seeking ways to build on the services that we provide to community through building partnerships, having interns and practicum students, and improving upon the services that we currently offer. As well as supporting Indigenous families to strengthen and heal, we strive to provide learning, growth, and capacity building within individuals within the organization. Several of our staff members started out as parents/caregivers participating in our programming and/or as practicum students or interns. We encourage staff to pursue professional development and to take on leadership roles within the organization through training, workshops, and committee roles. Many staff have participated in Leadership 2020 and have gained certificates in higher education while maintaining their employment at Hulitan. When given the opportunity, we support our staff to return to post-secondary education and provide flexible schedules to accommodate their learning and family needs.

From Intern To Grad School and Everything in Between



Gilakas'la! My name is Mercediese Dawson. I am a member of the Ditidaht First Nation through my mother's side. Ditidaht is part of the Nuu-chah-nulth nations on the West Coast of Vancouver Island. I also come from Musgamagw Dzawadaenux and Laichwiltach on my father's side, which are part of the Kwakwaka'wakw territories on the North side of Vancouver Island. I have been a visitor on Lekwungen and WSANEC territories since 2012.

I have been an ongoing worker at Hulitan since the summer of 2016 when I did my Indigenous Youth Internship Program placement. The project we worked

on was a girl's group, and we partnered with Songhees Nation. My experience was so wonderful that I couldn't leave. I moved to Victoria in 2012 to go to school. My school journey started at Camosun where I completed a diploma in arts and science. I then moved on to the University of Victoria where I completed an undergrad in Social Work with an Indigenous Specialization. The year of my graduation from the BSW was the first year that the newly founded JD/JID Indigenous Law program launched. I wanted to go to law school since I was 12 years old. I decided to pursue my dream and apply to this new unique program. I was accepted in April 2019 and began that same year in September. This September I begin my final year of law school. I am beyond grateful to have been given such an opportunity and I cannot wait to see what the future holds in store for me.

I have had many roles at Hulitan. I have helped with curricular development for one of my practicum placements. I also worked full-time during the summer and then part-time once school started again as a Covid Relief Support worker. I think to date, that was one of my favourite jobs because I got to be on the front lines serving families during a very difficult time for everyone.

I loved speaking with the families and individuals and checking in on everyone on our list to make sure they were doing okay, and we were supporting them in a good way.

Currently, I am working as the L, KI, L waitlist management person, as well as a dual part time position where Hulitan is partnered with South Island Indigenous Authority (SIIA). My role is a community engagement person for both organizations serving the Urban Indigenous population. I am focusing on gathering knowledge shared from Urban folks about their teachings and legal principles that can be incorporated into the new child welfare system. I am also responsible for getting more knowledge about SIIA to the Urban community.

The reason I continue to come back to Hulitan is because of the sole purpose of serving families and communities. Another reason I come back is because I am always welcomed back with open arms. Hulitan has been a place for me to grow and learn who I am as a helper. There are so many things embodied within Hulitan that other organizations ought to consider following. Working at Hulitan has taught me to be gentle with myself and with others around me. I have learned to speak up for myself as well as to walk with grace and respect. Being at Hulitan has also shown me what kind of leader I want to be if I am every able to return home to work for any of my nations, because there has been beautiful leadership displayed for us every day by the executive director and all of the managers. This is a place where working from a decolonized lens is being practiced every day and I truly hope that I start seeing other workplaces begin to do this as well. I am sad to be working my final term at this lovely organization, but I know the relationship I have with Hulitan has always been a reciprocal one. I am leaving with a wealth of knowledge and tools I can use in my future path as a lawyer, and I can only hope I have left a small footprint at a work place I have always thought of as home.

Gilakas'la! Mercediese Dawson

From Practicum to Employment:



My name is Carmel, and I am a bi-racial woman of Afro-Caribbean and European descent. On my mother's side, I am a descendent of enslaved West Africans from the Caribbean Island nation of St. Vincent and the Grenadines. On my father's side I am the descendent of German and Welsh settlers who occupied Ojibwe and Dakota territories. I was raised in Prince Rupert, on the unceded territory of the Ts'msyen Nation and I have been an uninvited visitor on unceded Ləkwənən (Lekwungen) and WSÁNEĆ territories since 2010. As a descendent of European settlers and as a non-Indigenous person living on unceded Coast Salish lands, I acknowledge my responsibility to strive towards the decolonization of my practice and to support efforts towards Indigenous sovereignty and self-determination over land and life.

I graduated with my Bachelor of Social Work from the University of Victoria in 2014. Since completing my BSW, I have worked as a family support worker and FASD key worker for NIŁ TU,O Child & Family Services Society, as a youth and family counsellor at Cedar Hill Middle School, as a mental health and substance use clinician with Northern Health, and as a social worker and child and youth counsellor with Island Health's child, youth, and family mental health services.

My journey with Hulitan began during my Master of Social Work practicum placement as a child and youth therapist with Hulitan's L, KI, L program from June to December 2021. From my first day of my practicum, I received such a warm welcome and I had a deeply felt sense that Hulitan is a very special place. It is a great privilege to work in an environment that upholds the four pillars (integrity, connectedness, humility, and respect) in how we treat each other and how we carry out our work.

At the end of my practicum, I was grateful for the opportunity to continue with Hulitan as a child, youth, and family therapist with the Sexual Assault Response Program (SARP). As a therapist with SARP, I am honoured to walk alongside and uplift the Indigenous children, youth, families, and community members who access our services on their paths towards wellness and healing.

Carmel Bennett (she/her/hers)

Staff member



Annual Nella Nelson Scholarship

This year, Hulitan Family and Community Services Society was proud to award the fourth annual Nella Nelson Scholarship in recognition of Nella Nelson, Klaapalasugwela/Maxwagila. Nella is a Kwakwaka'wakw teacher, leader, mentor, advocate, mother, grandmother, and great grandmother. She is born within the 'Namgis Nation of Alert Bay, B.C. and a member of the Tsawawaineuk Nation at Kingcome Inlet. In 1972, Nella moved to Victoria to study at Camosun College and soon transferred to Uvic to pursue studies in Anthropology and then Education. Upon graduation, Nella began a lifelong career as a teacher with the Greater Victoria School District working as a high school history teacher and counselor for 10 years at S.J. Willis Junior High, Central Junior High, and Victoria High School then becoming the Administrator for the Aboriginal Nations Education Division in 1988. In June 2018 Nella retired after over forty years of groundbreaking and thriving educational leadership within Victoria and throughout the province.



SD 61 Indigenous
Education
Department



WRAP Around Services Training

At Hulitan, we uphold strong indigenous values in our practice, knowing that it is always good to revisit and ground our work to be the best that it can be for the families that we serve. We believe in building strong families and communities by acknowledging the strengths that already exist and starting from there.

As part of our commitment to continual improvement of services, we felt it time to look at our practice and implement a new framework that focussed on critical thinking and reflective practice for the entire organization. In September 2021, our staff participated in a customized WRAP program with facilitator Darcie Gage and co-facilitator Ashley Daigle, from McMann Child and family Services Calgary.

WRAP is based on high-fidelity wraparound, created in Colorado USA. The program is culturally competent, and strength based, focusing on the youth/family's voice and choice while collaborating with the family's community and natural supports. The program is rooted in 10 principles that align with Hulitan's four pillars

The WRAP model aligned so well with Hulitan's values; respect, in how we honour people's strengths, culture and story; humility, being open to feedback and engaging in self-reflection daily; connectedness, strengthening relationships and building the individuals sense of community; integrity, how we hold ourselves and each other accountable in the work that we do and the teachings that we have

learned.



WRAP Around Services Training

The Hulitan managers worked closely with the WRAP coach and with the staff to create a shared framework for Hulitan. Managers are utilizing reflective supervision and supporting staff to increase reflexivity and self efficacy with the work they are doing with families. Staff are working with families in this same way and supporting resiliency, natural supports and self reflection for long term healing.

"We are all speaking the same language, we are all using the same tools." Kendra Gage, Executive Director at Hulitan. We have noticed that with this training, the staff feel more confident in their practice and less isolated in their work. We see more collaboration with each other and engaging the families natural and professional supports in a meaningful way. We have seen a growth in personal accountability and shared workload, holding each other up as we hold up families.

"By using WRAP to guide the work that I do, I am seeing families have a renewed sense of confidence. We are not coming in as experts, but alongside families and journeying with them." Shandy Browett, Family Preservation and Reunification Worker.

Today the the staff of Hulitan continue to be committed to their ongoing learning and are currently engaged with the implementation of these life building tools and framework from WRAP. This is helping us grow together and improve our ability to journey with families in a way that brings long-term healing and builds self-efficacy.

Community Engagement

Integral to our work at Hulitan and in alignment with our Connectedness pillar, Hulitan makes engagement in and with community a priority.

As in-person services and engagements slowly started up again in the community as the landscape with COVID-19 got safer with increased vaccination numbers, Hulitan's community engagement shifted again.

With less need for virtual community engagement, Hulitan determined there was no longer a need for the communications and resource committee that had been formed the previous year in efforts to fill the gaps within community services for our families. There was still an ongoing need observed for community connections and outreach services, which we have gratefully been able to provide with the continuation of our Cultural Connections Coordinator. This has enabled us to serve more community members, without the constraints of some of the mandates required within our other programs. Reducing barriers to service for community members is an ongoing goal that Hulitan works towards and collaboration with other service providers who share this value has been supportive of this goal. Examples of our engagement include:

Hulitan hosted an Intern completing their Masters of Counselling from the University of Victoria. This provided an additional 450 hours of mutual learning and service to children and youth. Another Intern Hulitan had hosted the previous year made a commitment to stay on as a volunteer after her internship ended, as she had expressed a strong commitment to maintaining the connections she had made with families and had had a positive experience during her internship at Hulitan.

Journeys of the Heart participated in the Seeds of Empathy program supporting children aged two-five years old to engage in early literacy and

social emotional development.

Community Engagement







- Although funding for the Sign Enhanced Language (SEL) program was not renewed, Hulitan continued to incorporate SEL into the Journeys of the Heart classroom, maintaining the commitment to increasing communication opportunities for nonverbal and deaf children and youth.
- Hulitan hosted, co-facilitated and engaged in Circles for Reconciliation.
- We provided a safe space for community to meet in and have begun partnerships with First Nations Health Authority (FNHA) counsellors as well as Huli'tun Health Services in Chemainus, BC. Through these partnerships, we have been able to offer affordable office space contracts, with proceeds going into the same fund as our swag collection, to support adults in need of counselling/cultural healing who otherwise cannot access the resources to meet their needs. Sharing office space with community practitioners has also allowed for increased collaboration in support of the children, youth, and families we serve.
- We hosted a pick-up space for the Back-to-School Picnic, providing school supplies to families.
- Our Resident Elder, Mickey Cook, hosts an AA meeting in Hulitan's Big House every Wednesday night, which he reports to be well attended.
- Hulitan assisted in planning and funding a memorial walk for Missing and Murdered Indigenous Women and Girls, as well as volunteering for the National Indigenous Peoples Day celebrations.
- Through our focus on integrating WRAP principles into the work we do; staff
 have been supported to take an active role in connecting families with
 natural supports. This has meant engaging creatively with community
 members identified by our families as supports, encouraging one of the
 shared Indigenous teachings of children being held sacred in the center of
 the circle. Formal supports (e.g. workers, counsellors, etc.) are available for
 a finite period of time, while natural supports can remain involved
 indefinitely and without limits.

Community Voices

We are honored to receive feedback from the community and those we serve and walk alongside.....

"I appreciate Hulitan for providing counseling services for my 14-year-old son over the years. Gerardo has been empathetic, patient and helpful with my son throughout his struggles with mental health. My son is comfortable and relaxed around Gerardo and I think it is a very safe relationship they have built. My son knows he needs help, and we are fortunate that Hulitan can help. Thank you, Jen and Matteo Mucciolo "



From Sabriena Donavan:
"Hulitan is a place to go when you feel scared and confused.
They offer numerous supports for almost every situation a family can face".



A quote from Chris D.:
"Tremendous; the Family
Preservation Reunification
Program has proven to be a very
big help. I would not have gotten
as far as I have without the
program."

"My daughter and I have been attending counselling at Hulitan for a few years now. We are so happy with the connection we have both made with our counsellor Theresa. Theresa has been an amazing support person in my daughter's life. We are so appreciative for the services Hulitan provides for our family".

Angie Stacey

"The family preservation program is an absolutely amazing program. I have felt so supported, and feel like I am treated like family. It has been very helpful to myself and my family. I would highly recommend."

Community Voices

About counselling: "I like coming to see you because I can talk about my feelings, and I feel okay about doing so. I really like when you remember small details about me or my interests."





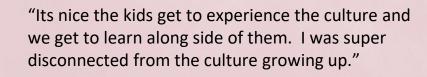
From some of the mom's at Journey's of the Heart:

"You guys are awesome and would recommend you to anyone, I actually have!"

"JOH provided enough healthy snack for everyone. Most programs take care of the kids, you guys take care of everyone."

"I felt very supported and heard."

"I felt like you were more than teachers. You were more like aunties to the kids, they felt safe, secure and supported."



"Getting to meet other Indigenous parents."

"I like that I'm learning about culture, there wasn't anything like this when I was younger."

"Happy with the friendships I made in the program."

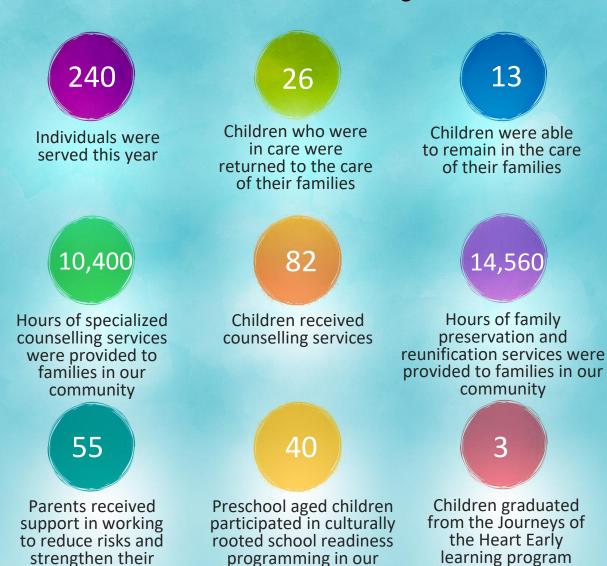
"Supportive staff that feels more like family."



Highlighting Our Funders

Thank you to the following organizations for your generous contributions to our programs:

Ministry of Children and Family Development
Victoria Foundation (Oolichan Fund)
As a result of the funding...



Hulitan is a not-for-profit charitable organization and would like to thank and acknowledge those donors who wished to remain anonymous whose thoughtful financial contributions support the sustainability of our programs. If you would wish to provide financial support, you can donate through

Journeys of the Heart

Program

ready to enter Kindergarten

families

Healing Generations Counselling Program



At the end of 2021, Hulitan was a successful applicant for two years of the Ending Violence Association of BC's (EVA BC) Sexual Assault Response Grants. With the money provided, we were able to create the Healing Generations Counselling Program (formerly the Sexual Assault Response Counselling Program) to provide counselling to Indigenous children, youth, adults and families who have experienced sexualized violence in their lives. We have hired a part time Family Therapist, part time adult therapist and a full-time therapist for children and youth. The grant has been pivotal in our ability to serve the children and youth who had been waiting (some for over a year) on our NIL YEK Ols waitlist. In addition, we have been able to support adults and families to engage in counselling and begin their healing journeys, which we had not been able to do with the current funding model. We are incredibly grateful for the opportunity to receive this money and provide essential services to the Indigenous families that we serve. The need for counselling services continues to far outweigh the resources that we have, however we are continually working to be creative with and seek new funding opportunities to allow us to continue to best serve the community. Thank you, EVA BC, for the grant you provided.



Out of Care Caregiver Support Program

Out of Care Caregiver Support Program provides support services to Caregivers whom are caring for children under an MCFD Out Of Care Order or Agreement. This program is "gate-kept", meaning referrals are made from MCFD Resource Social Workers only, in collaboration with Caregivers. This program is able to provide Caregivers with the support, skills, community resources and cultural connections needed to manage family dynamics and maintain a stable home environment for the children in their care long term. The program is designed to provide short to long term (3-12 months) support to Caregivers in the home and/or in the community. Services are delivered using a collaborative strengths-based approach from an Indigenous worldview. Services are guided by four pillars/values that hold up Hulitan's Big House: connectedness, respect, humility and integrity. These pillars/values inform decisions and identify needs to support Caregivers in building a 'circle of support' to build a safe, healthy and stable home that is connected to family and culture.

Carving by Elder Richard V. Tom



Family Preservation Reunification Program

Family Preservation Reunification Program is a 3 stage intensive Indigenous parent support program for families who have been identified as being in need of interventions and who are at high risk of removal or whose children are in MCFD care due to issues impacting the safety and wellbeing of their children. Stage 1 is stabilization; Stage 2 is integration; and Stage 3 is maintenance.

Throughout each stage of the program, parent/child interactions will be witnessed and assessed. A Parent Support Curriculum is used to support learning and is tailored to individual needs throughout each stage of the program. Services are provided through outreach, 1-1 sessions, and inhome/community support.



<u>L, KI, L (LTH,KEE,L) Child and Youth Mental</u> <u>Health Program</u>

Ł, KI, L (LTH,KEE,L)_ provides counselling and support to Indigenous children and youth aged 0-19 and their families presenting with a variety of mental health challenges including complex trauma. The program maintains a focus on healing that incorporates both culturally relevant and mainstream interventions. The program strives to facilitate a better awareness and understanding of colonization and the intergenerational impacts of residential schools. The purpose of the program is to improve mental health and over all well-being of the child and their support system.



NIŁ YEK OLs Sexual Abuse Intervention Program

NIŁ YEK OLs provides counselling and support services to Indigenous children, and youth ages 0-19 and their families, who have experienced sexualized abuse and/or sexualized behavior. This program provides opportunities to develop an understanding of healthy sexuality and supports families in understanding the impact of sexualized abuse/sexualized behavior on the child. The program also encourages and supports healthy parent and child attachment. The purpose of this program is to help children and their families heal from experiences of sexualized abuse, historical trauma and to address sexualized behaviors.



Healing Generations Program

The Healing Generations Program is a sexual assault response counselling program which provides support to Indigenous children, youth, adults, and families, who have been impacted by sexualized violence. Based on individualized therapeutic planning, Healing Generations provides opportunities to develop an understanding of healthy sexuality and supports adults, children, youth, and families in understanding the impacts of sexualized violence. The program also encourages and supports family healing, and healthy parent and child attachments.



Cultural Connections Coordinator

The Cultural Connections Coordinator works to include culture into all aspects of Hulitan Family and Community Services through engagement with community mentors, First Nations, community agencies, Elders, Language Keepers and Knowledge Keepers.



Journeys of the Heart Cultural Learning Program

Journeys of the Heart Cultural Learning Program (JOH) is a ten-month program for Indigenous children aged two to five years old and their families. The purpose of the program is to nurture a child's cultural identity while giving them the necessary skills and tools to prepare them for the education system.

JOH runs out of Ruth King Elementary School in School District 62 Tuesday and Thursday from 9:30-12:00. Families involved with JOH have priority access to Hulitan's Family Support Program.



Family Support Program

The Family Support Program provides service to parents and caregivers whose youngest child is aged six or younger. This program is designed to meet the needs of the family and can be offered in community, in home or in office, with meeting times ranging from weekly to monthly. Referrals to this program can be made through community supports, Social Workers, or self-referrals. This program can provide short- or long-term support. The philosophy of this program is to provide Parents/Caregivers with the support, skills, community resources and cultural connections needed to manage/maintain a healthy home environment and to support their children's development and school readiness.

Hulitan's New Journey

Early Years Center and trauma informed childcare spaces

In 2021 Hulitan embarked on a new journey, to build an early year's center in the traditional territories of the lakwaŋan people the Esquimalt and Songhees Nations now known as Colwood, BC. Hulitan understand that any journey we take is most successful when we invite others into our canoe; this project is made up of a partnership that includes School district #62 and M'akola Development Services paddling together towards the creation of an Indigenous Early year's center which will house a 24 infant toddler spaces, 24 30 months to school age spaces, the Journeys of the Heart program, 25 before and after school spaces, sign enhanced language, and early years family support. This center will celebrate Indigenous cultures, provide a safe inclusive environment all while ensuring all practice is trauma responsive and culturally grounded.

Hulitan is grateful for the support and the commitment to Truth and Reconciliation of District #62 for providing us with land on the Colwood elementary site to build the center and the commitment to lease the land at a nominal fee. The building is being funded under the new spaces fund managed by the Ministry of Education and fundraising being provided by the United Way and community donations. The intention of this partnership is to ensure the cost savings are passed on to the community by providing high quality childcare at an affordable cost. The projected completion date is December 2023 with an

opening date of January 2024.



Family Fun



Family Fun



Our Family Songs

In 2017, William Wasden Jr., Waxawidi wrote and composed two songs for our organization. It was important to us to have songs written because we see our organization as a family and we want to honour the cultural importance of songs in family and to be able to have a presence in community by sharing our songs. The songs were written using the Chinook language as it was the trade language of the Northwest Coast including Vancouver Island.

The Chinook language was chosen as it honours the diversity of the members of our family and the community we serve. Each of the four verses in the Teaching Song includes a word in the Chinook language (written here phonetically) that translates into a word that represents the values of our organization.

The first verse includes the word Sihiks which translates to friend and represents our value of connectedness.

The second verse includes the word Tikeds which translates to love and represents our value of respect.

The third verse includes the word Tluush which translates to good and represents our value of humility.

And finally, the fourth verse includes the word Skukam which translates to strong and represents our value of integrity.

The Good Chief was written specifically for our Journeys of the Heart Program so that the program itself has a song and identity. The song encompasses the spirit of the Journeys of the Heart Program by teaching governance from an Indigenous perspective including the importance of caring for others first and how to be a good leader. In addition, the song is intended to ground children in a sense of identity and pride in who they are as Indigenous people.

Good Chief Song

Chorus:

Hayiya a a hayiya a a hayiya a yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay

Verse 1:

Kwanisam a a ma-mu-uk a a kakwa a yihi ya-ay Hayas a a Tayi-i a a mi-say ka yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay

Chorus:

Hayiya a a hayiya a a hayiya a yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay

Verse 2:

Kwanisam a a tlu-u-sh a a kakwa a yihi ya-ay Hayas a a Tayi-i a a mi-say ka yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay

Chorus:

Hayiya a a hayiya a a hayiya a yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay Hayiya a a hayiya a a hayiya a yihi ya-ay

Word Meanings:

Kwanisam – always

Mamuk - helping

Kakwa - like

Hayas Tayi - True Chief

Misayka - you



Teachings Song

Chorus x2: First Round one singer and one drummer; Second everyone

Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Verse 1:

Mi-say-ka-a ha-ayas (You truly are)
Si-hiks ko-pa (Friend [connectedness] to)
Ne-say-ka-a wo-o-o (all of us)
Hey-e-yey he-e-yey
Wo-o ho-ho he-e-yey
Wo-o o-o-o he-e-yey

Chorus:

Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Verse 2:

Mi-say-ka-a ha-ayas (You truly are)
Ti-kedz ko-pa (Love [respect] to)
Ne-say-ka-a wo-o-o (all of us)
Hey-e-yey he-e-yey
Wo-o ho-ho he-e-yey
Wo-o o-o-o he-e-yey

Chorus:

Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Verse 3:

Mi-say-ka-a ha-ayas (You truly are) Tlu-ush ko-pa (Good [humility] to) Ne-say-ka-a wo-o-o (all of us) Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Chorus:

Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Verse 4:

Mi-say-ka-a ha-ayas (You truly are) Sku-kam ko-pa (Strong [integrity] to) Ne-say-ka-a wo-o-o (all of us) Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Chorus x2: Last Chorus done with no drumming

Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o-o ho-o-o wo-o-o Hey-e-yey he-e-yey Wo-o ho-ho he-e-yey Wo-o ho-ho he-e-yey Wo-o o-o-o he-e-yey

Community Partners

- The 9 Nations of Southern Vancouver Island: Tsawout, Tsartlip, Tseycum, Pauquachin, Sci-anew, Esquimalt, Songhees, Pacheedaht, T'sou-ke
- Ending Violence Association of BC
- Victoria Native Friendship Center
- Island Métis Family & Community Services Society
- District 62 Aboriginal Education
- Ruth King Elementary School
- BC Association of Aboriginal Friendship Centres
- South Island Wellness Society
- Burnside Gorge Community Centre
- · Boys and Girls Clubs of Greater Victoria
- Bridges for Women Society
- Community Living BC
- BC Aboriginal Network on Disability
- Surrounded By Cedar Child & Family Services
- NIL/TU,O Child and Family Services
- Victoria Foundation
- M'akola Group of Societies
- Camosun College
- · Ministry of Children and Family Development
- · Aboriginal Child and Youth Mental Health
- Women In Need
- 1-Up Single Parent Resource Centre
- Saanich Neighbourhood Place
- The Mustard Seed
- Vancouver Island University
- Pacifica Housing
- Our Place Society
- Aboriginal Coalition to End Homelessness

- Sooke Family Resource Society
- Young Parents Support Network
- Pacific Center Family Services
- Youth Empowerment Society
- University of Victoria
- Centre for Indigenous Research and Community Lead Engagement (University of Victoria)
- HerWay Home
- United Way
- The Cridge Centre for the Family
- Victoria Child Abuse Prevention and Counselling
- The Federation of Community Social Services of BC
- Indigenous Perspectives Society
- Vancouver Island Health Authority
- First Nations Health Authority
- West Shore Parks and Recreation
- AVI
- The Foundry
- The Community Social Planning Council



And a special thank you to school district 62 for hosting our Journeys of the Heart Program supporting school readiness and strong cultural identity for Indigenous children in our community.

