

Journeys of the Heart

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Ruth King Elementary School

2764 Jacklin Road

Mon/ Wed – 1:00 to 3:30 PM

Tues / Thurs – 9:30 to 12:00 PM

and

1:00 to 3:30 PM

BC Transit Bus Route: #50

**Transportation and Bus Tickets available if needed.

Hulitan Family and Community Services Society respects the connectedness between First Nations people and the land. It is with great humility that we carry out our work with Indigenous families on the traditional territories of the Lkwungen (Esquimalt and Songhees), Malahat, Scia'new, T'Sou-ke and W̱SÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) peoples. It is our intention to provide support for families with integrity and to practice in a way that honours the ancestors who came before us.

RECONNECTING

THE GENERATIONS

"Honoring our Elders & our Children"

104-731 Station Ave

Victoria BC V9B 5R5

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<www.hulitan.ca>

Journeys of the Heart



Cultural Learning Program



Hulitan

Family & Community Services Society

Do you have Indigenous Children aged 2 to 5 in your care?

Would you like them to participate in a program that builds up cultural identity?

Would you like them to learn the skills necessary for success in school?



Seeds of Empathy

Journeys of the Heart has incorporated the Seeds of Empathy program to foster the development of empathy and emotional literacy, to build social and emotional understanding, and to develop positive attitudes towards early literacy.

Moe the Mouse is an innovative early speech and language resource that uses Indigenous toys and stories to enhance language development in children ages 2 to 5. These activities help children develop:

- social language use
- comprehension of spoken words
- ability to pronounce speech sounds
- vocabulary
- the ability to express feelings and ideas



JOURNEYS OF THE HEART

Culture is present in every aspect of the program

*WING CHIEF
WELCOMING CEREMONY
"Learning how to be a good leader"*



The Journey's of the Heart Program:

- Is a free 10 month cultural learning program for Indigenous children aged 2-5 years old and their families
- Nurtures a child's cultural identity while preparing them for the public education system
- Provides children and their caregivers with skills and tools to promote a positive transition into the public education system

*A healthy snack
will be provided*



FIELD TRIPS

"Connecting to our Mother Earth"



CURRICULUM TIME

"Preparing for success in school"

Curriculum books have been designed specifically for the Journeys of the Heart cultural learning program. Each booklet is broken up into age and seasons, honoring traditional practices and local languages.



Mission Statement

Hulitan preserves, unifies and advocates for Indigenous families by supporting healing and fostering resilience through culturally rooted programs, services and collaboration with community partners.

Vision

Hulitan empowers Indigenous families and future generations, walking alongside them and using the cultural principles of Respect, Honour, Connectedness, Humility and Integrity.

Acknowledgments:

Hulitan Family & Community Services Society would like to acknowledge the following:



- Jeannette Mercer and Chad Bright for designing our Journeys of the Heart logo in 2007.

- We have since made some changes to the design with help from Loni Skelton in 2009.



- Monique Gray-Smith of Little Drum Consulting for presenting us with the concept and name Journeys of the Heart Program.