

## **Mission Statement**

Hulitan preserves, unifies and advocates for Indigenous families by supporting healing and fostering resilience through culturally rooted programs, services and collaboration with community partners.

## **Vision**

Hulitan empowers Indigenous families and future generations, walking alongside them and using the cultural principles of Respect, Honour, Connectedness, Humility and Integrity.

## **Administration**

### **Executive Director**

**Kendra Gage Ext. 203**

### **Manager of Family Services**

**Chelsea Kelly Ext. 246**

### **Manager of Support Services**

**Sarah McDonald Ext. 251**

### **Finance Manager**

**Saeed Samimi Ext. 242**

### **Office Coordinator**

**Lisa Brown Ext. 204**



Hulitan Family & Community Services Society has proudly been a CARF Accredited organization since 2009



Hulitan Family and Community Services Society would like to acknowledge the traditional territories of the Coast Salish. Specifically, the Esquimalt Nation and Songhees Nation where our office is located. In addition, Hulitan would like to acknowledge the other seven Nations and communities within Southern Vancouver Island whom we work with and provide services to.



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Tel (250) 384-9466

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<[www.hulitan.ca](http://www.hulitan.ca)>

Hours of Operation

Monday—Friday

9:00am—5:00pm

Closed 12:00pm-1:00pm

# **Hulitan**

## **Family & Community Services Society**



**Hulitan**  
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## About Our Programs

### Ł, KI, L (L-TH-KEEL)

CHILD & YOUTH MENTAL HEALTH PROGRAM

(Open—Community Agency or Self-Referrals)

This program provides counselling and support to Indigenous children and youth aged 0-19 and their families presenting with a variety of mental health challenges including complex trauma. The program maintains a focus on healing that incorporates both culturally relevant and mainstream interventions. The program strives to facilitate a better awareness and understanding of colonization and the intergenerational impacts of residential schools. The purpose of the program is to improve mental health and overall wellbeing of the child and their support system.

### NIŁ YEK OLs (NEE- TH-E-YOKES)

SEXUAL ABUSE INTERVENTION PROGRAM

(Open—Community Agency or Self-Referrals)

This program provides counselling and support services to Indigenous children and youth ages 0-19 and their families, who have experienced sexualized abuse and/or sexualized behaviour. This program provides opportunities to develop an understanding of healthy sexuality and supports families in understanding the impacts of sexualized abuse/sexualized behaviour on the child. The program also encourages and supports healthy parent and child attachment. The purpose of this program is to help children and their families heal from experiences of sexualized abuse, historical trauma, and to address sexualized behaviours.

## FAMILY PRESERVATION & REUNIFICATION PROGRAM

(Open—Community Agency or Self-Referrals)

### Participant Prerequisite

This program accepts self-referrals, referrals from other professionals and MCFD referrals. People being referred to this program **MUST** have a Social Worker from MCFD or Delegated Aboriginal Agency.

**This is a 3 stage intensive Indigenous parent support program** for families who have been identified as being in need of interventions and who are at high risk of removal or whose children are in MCFD care due to issues impacting the safety and wellbeing of their children.

**Stage 1** is stabilization

**Stage 2** is education curriculum

**Stage 3** is the maintenance stage

Throughout each stage of the program, parent/child interactions will be witnessed and assessed. Services are provided through outreach, 1-1 sessions, and in-home/community support. The Family Preservation Reunification Worker works collaboratively with the parent/caregiver and Social Worker to create a Service Plan which includes developing goals and creating activities to assist in reducing risks and strengthening families.

- Reporting frequency is monthly.
- Service hours per family: approximately 3-6 hours per week.
- Services duration is 6 to 18 months



## JOURNEYS OF THE HEART PROGRAM

(Open—Community Agency or Self-Referrals)

The Journeys of the Heart Cultural Learning Program is a ten month voluntary program for Indigenous children aged 2-5 years old and their families. The purpose of the program is to nurture a child's cultural identity while giving them the necessary skills and tools to prepare them for the education system.

### OUT OF CARE CAREGIVER SUPPORT PROGRAM

**Out Of Care Caregiver Support Program** provides support services to Caregivers whom are caring for children under an **MCFD Out Of Care Order or Agreement**. **This program is "gate-kept", meaning referrals are made from MCFD Resource Social Workers only, in collaboration with Caregivers.** This program is able to provide Caregivers with the support, skills, community resources and cultural connections needed to manage family dynamics and maintain a stable home environment for the children in their care long term. The program is designed to provide short to long term (3-12 months) support to Caregivers in the home and/or in the community. Services are delivered using a collaborative strength-based approach from an Indigenous worldview. Services are guided by four pillars/values that hold up Hulitan's Big House: connectedness, respect, humility and integrity. These pillars/values inform decisions and identify needs to support Caregivers in building a 'circle of support' to build a safe, healthy and stable home that is connected to family and culture.